

# Facing the Mourning

## SUPPORT GROUP

No matter where you are in your grief,  
no matter your type of loss,  
Facing the Mourning provides **consistent, structured** support

### In-Person Group:

Tuesdays April 19 & 26, May 3 & 10

2-4 PM at First United Methodist Church

A 4-week group that provides hands-on ways to process your grief. An interactive support group that uses visual and thought-provoking tools. For all types of losses at any point in the grieving process.



### Registration and Questions:

Carol Holland (279-8150) or Pastor Ed Honrath (607) 373-9125

[www.umcwindsonny.org](http://www.umcwindsonny.org)